

Doctor Discussion Guide

Talking to your doctor about glioblastoma (GBM) treatment.

When learning more about treatment for GBM, there can be a lot of information to remember. Starting a conversation with your doctor and asking the right questions can make all the difference. Use this discussion guide to ask your doctor about Optune and how it could be added to your treatment plan.



What is Optune?

Optune is a wearable, portable, FDA-approved treatment for GBM. Optune is a device that uses Tumor Treating Fields (TTFields) to disrupt cancer cell division. It is not a medicine, so it does not enter your bloodstream. The most common device-related side effect was skin irritation.

Both you and your caregiver will receive training to show you how to make Optune work for you.

What are TTFields?

TTFields are electric fields that disrupt cancer cell division. Using 4 adhesive patches called transducer arrays, TTFields therapy is delivered right into the area of your body where the cancer is located. TTFields may destroy some cancer cells completely and have not been shown to affect healthy cells.

Designed for everyday life.

Optune is small and light, weighing just 2.7 pounds. This makes Optune wearable and portable, so continuous treatment with Optune can be received almost anywhere.

Use this section to write down any notes prior to or during your doctor's visit.



Getting to know your treatment options.

How could Optune fit into my current treatment plan?

What benefits can I expect if I use Optune?

What are the most common side effects of Optune?

How long do I need to be on treatment with Optune?

When is the right time to start treatment with Optune?

Please see Important Safety Information throughout, and the Optune Instructions For Use (IFU) at Optune.com/Safety.

Talk with someone who's been there.
More than 20,000 people have started Optune.

If you have questions about fitting Optune into your routine, asking a Buddy is a great option.

While your doctor can tell you about treatment with Optune, it's also important to learn about firsthand experience from someone who has used the device to treat their GBM. Use the phone number below or register through the website to speak with a patient or caregiver who can give you insight about what it's like to wear Optune.

Connect with an Optune Buddy: optunebuddy.com | 1-844-247-1636

Get support every step of the way.

We know that starting Optune doesn't just impact how you treat your GBM. It can impact your entire way of life, and that can be a lot to deal with—that's where nCompass[®] comes in. Our support team is here to help as you adjust to life with Optune, and we're available 24/7.

Contact us 24/7



Call us:
1-855-281-9301 (toll free)



Or email us:
support@novocure.com



Support is available in
over 240 languages.

After your doctor prescribes Optune, nCompass will:

- Call you to discuss next steps and answer your questions
- Work with your insurance plan and identify resources that may help minimize your cost
- Set up delivery of Optune and provide training to you and your caregivers

For more information, please visit optune.com/support.

Important Safety Information



What is Optune® approved to treat?

Optune is a wearable, portable, FDA-approved device indicated to treat a type of brain cancer called glioblastoma multiforme (GBM) in adult patients 22 years of age or older.

Newly diagnosed GBM

If you have newly diagnosed GBM, Optune is used together with a chemotherapy called temozolomide (TMZ) if:

- Your cancer is confirmed by your healthcare professional **AND**
- You have had surgery to remove as much of the tumor as possible

Recurrent GBM

If your tumor has come back, Optune can be used alone as an alternative to standard medical therapy if:

- You have tried surgery and radiation and they did not work or are no longer working **AND**
- You have tried chemotherapy and your GBM has been confirmed by your healthcare professional

Who should not use Optune?

Optune is not for everyone. Talk to your doctor if you have:

- **An implanted medical device (programmable shunt), skull defect (missing bone with no replacement), or bullet fragment.** Optune has not been tested in people with implanted electronic devices, which may cause the devices not to work properly, and Optune has not been tested in people with skull defects or bullet fragments, which may cause Optune not to work properly
- **A known sensitivity to conductive hydrogels** (the gel on the arrays placed on the scalp like the ones used on EKGs). When Optune comes into contact with the skin, it may cause more redness and itching or may rarely cause a life-threatening allergic reaction

Do not use Optune if you are pregnant or are planning to become pregnant. It is not known if Optune is safe or effective during pregnancy.

What should I know before using Optune?

Optune should only be used after receiving training from qualified personnel, such as your doctor, a nurse, or other medical staff who have completed a training course given by Novocure®, the maker of Optune.

- Do not use any parts that did not come with the Optune Treatment Kit sent to you by Novocure or given to you by your doctor
- Do not get the device or arrays wet
- If you have an underlying serious skin condition on the scalp, discuss with your doctor whether this may prevent or temporarily interfere with Optune treatment

What are the possible side effects of Optune?

The most common side effects of Optune when used together with chemotherapy (temozolomide, or TMZ) were low blood platelet count, nausea, constipation, vomiting, tiredness, scalp irritation from the device, headache, seizure, and depression.

The most common side effects when using Optune alone were scalp irritation (redness and itchiness) and headache. Other side effects were malaise, muscle twitching, fall, and skin ulcers.

Talk to your doctor if you have any of these side effects or questions.

Please visit [Optune.com/Safety](https://www.optune.com/safety) for the Optune Instructions For Use (IFU) for complete information regarding the device's indications, contraindications, warnings, and precautions.

