



## Meet Pat

- 57 years old
- Retired Dietitian
- On Optune since March 2015
- Primary caregiver is her friend, Kathy



## Meet Kathy

- 58 years old
- Works with an after school program
- Friend and caregiver to Pat

## Non-traditional Caregiver Support

*Pat does not have a traditional caregiver who resides at her home. Her friend, Kathy, is her caregiver. Pat is able to manage many of her activities by herself.*

### Pat's Insights:

- My caregiver and neighbor, Kathy, comes over every third day to help me change the arrays. She shaves my head, changes the arrays, and makes notes of everything
- There are many aspects of Optune management that I can do myself. For example, after I make sure Kathy will be coming over, I remove the arrays myself. I stay on top of charging the batteries and turning the device on and off as necessary. I call the support line if I have any problems

### Kathy's Insights:

- Pat does everything herself except shaving the back of her head and placing the arrays on her scalp
- Learning to apply the arrays and read the array map seemed difficult at first; especially knowing I was really the only one who was going to be responsible for helping her change the arrays on a consistent basis
- Having the Novocure Device Support Specialist (DSS) come out and show me how to do it was so helpful to get me more comfortable

## nCompass™ Support

Some resources that Pat & Kathy have found helpful in their journey with Optune:

- Optune Resource Kit
- Novocure's Device Support Specialists (DSS)
- Patient journey videos on Optune.com

## Thoughts on Head Shaving

*It is important for Optune users to shave their head while using Optune. Transducer arrays need to be applied directly to patient's scalp to work properly. Pat has overcome her initial concerns about shaving her hair and uses it as an opportunity to spread awareness.*

### Pat's Insights:

- My family is very supportive, and they keep pushing for me to wear a wig so that people will stare at me less
- I don't like wearing hats and wigs, so I've gotten used to people staring at me. It doesn't really bother me. If someone asks, I use it as an opportunity to spread awareness

### Kathy's Insights:

- I know her so well, that I knew how upset she was about shaving her head. It's a hard thing for a woman to do, but she is a trooper. Now, she doesn't really think about the fact that her head is shaved and she has no issue going out!
- On days when I come over to change her arrays, we don't make this a dreaded thing—we keep it light. It's our chance to chat and catch-up, and I think it helps take her mind off of what we're doing. It's our social time

### Indication For Use

Optune is intended as a treatment for adult patients (22 years of age or older) with histologically-confirmed glioblastoma multiforme (GBM).

Optune with temozolomide is indicated for the treatment of adult patients with newly diagnosed, supratentorial glioblastoma following maximal debulking surgery and completion of radiation therapy together with concomitant standard of care chemotherapy.

For the treatment of recurrent GBM, Optune is indicated following histologically- or radiologically-confirmed recurrence in the supratentorial region of the brain after receiving chemotherapy. The device is intended to be used as a monotherapy, and is intended as an alternative to standard medical therapy for GBM after surgical and radiation options have been exhausted.

### Summary of Important Safety Information

#### Contraindications

Do not use Optune if you have an active implanted medical device, a skull defect (such as, missing bone with no replacement), or bullet fragments. Use of Optune together with implanted electronic devices has not been tested and may theoretically lead to malfunctioning of the implanted device. Use of Optune together with skull defects or bullet fragments has not been tested and may possibly lead to tissue damage or render Optune ineffective.

Do not use Optune if you are known to be sensitive to conductive hydrogels. In this case, skin contact with the gel used with Optune may commonly cause increased redness and itching, and rarely may even lead to severe allergic reactions such as shock and respiratory failure.

Use Optune only after receiving training from qualified personnel, such as your doctor, a nurse, or other medical personnel who have completed a training course given by Novocure (the device manufacturer).

Do not use Optune if you are pregnant, you think you might be pregnant or are trying to get pregnant. It is not known if Optune is safe or effective in these populations.

The most common ( $\geq 10\%$ ) adverse events involving Optune in combination with temozolomide were low blood platelet count, nausea, constipation, vomiting, fatigue, scalp irritation from device use, headache, convulsions, and depression.

The most common ( $\geq 10\%$ ) adverse events seen when using Optune alone were scalp irritation from device use and headache.

The following adverse reactions were considered related to Optune when using the device alone: scalp irritation from device use, headache, malaise, muscle twitching, fall and skin ulcer.

All servicing procedures must be performed by qualified and trained personnel.

Do not use any parts that do not come with the Optune Treatment Kit, or that were not sent to you by the device manufacturer or given to you by your doctor.

Do not wet the device or transducer arrays.

If you have an underlying serious skin condition on the scalp, discuss with your doctor whether this may prevent or temporarily interfere with Optune treatment.

Please visit [www.Optune.com/Safety](http://www.Optune.com/Safety) for Optune Instructions for Use (IFU) for complete information regarding the device's indications, contraindications, warnings, and precautions.